

**Transformation for all, we want all young people, to be transformed by the renewing of their minds and to live life in all its fullness**

Curriculum mapping template **Subject Physical Education**

**Year 7**

<b>Topic</b>	<b>Invasion Games</b>	<b>Striking and Fielding</b>	<b>Net games</b>	<b>Health and Fitness</b>	<b>Athletics</b>	<b>Gymnastics/Dance</b>
<b>End Point Knowledge (Objective)</b>	Know how to play in modified and small sided games and apply some rules. Able to respond to changing situations within the game in attack and defence.	Know how to play in modified and small sided games. Able to bowl, bat and field with some success.	Know how to play modified singles and doubles and apply some rules. Can implement basic techniques for serve, forehand and backhand.	Know how to take part in different methods and types of training. Can complete basic exercise and make links between exercise, health and fitness.	Know how to take part in events for running, jumping and throwing. Has skills of sprinting, sustained running, jumping and throwing.	Know how to perform shapes, turns, rolls, jumps and rotational movements with some success Pupils will be able to complete correct take-off and landing technique.
<b>Assessment task (s)</b>	Individual effectiveness and impact in a modified practice game,	Conditioned batting and bowling practice.	During tournament play in modified singles and doubles match.	Fitness testing against normative data and during exercise and fitness training.	Performance of simple event-based skills. Assessment against BA performance criteria.	Performance of simple skills performed in a basic routine. Assessed against BG performance criteria
<b>Key text and vocabulary</b>	AQA GCSE 9-1 PE Hodder Education, BBC Bitesize – Health, Fitness, Exercise, Nutrition, Diet, Hydration, Dehydration, Rehydration, Carbohydrates, fats, Proteins, Vitamins, Minerals, Pulse Raiser, Heart Rate, Recovery, Sedentary Lifestyle, Obese, Mental Health and Wellbeing, Physical Health and Wellbeing, DOMS, Sportsmanship,					
<b>Link with GCSE/ A Level</b>	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 – Analyse and	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 –	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 –	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 – Analyse and evaluate the factors that underpin performance and	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 – Analyse and evaluate the factors that underpin	AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2 – Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3 – Analyse and evaluate the factors that underpin performance and involvement in physical

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	evaluate the factors that underpin performance and involvement in physical activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance	Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance	Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance	involvement in physical activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance	performance and involvement in physical activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance	activity and sport. • AO4 – Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance
<b>Challenge:</b>	Complete the core skills of running passing and shooting with control.	Can perform the skills of bowling batting and fielding with control	Apply strokes with control and maintain a continuous rally.	Can identify strengths and weaknesses using normative data	Can compare performance with normative data and identify one strength and weakness.	Can compose and perform a routine of at least 10 skills that includes 3 or more complex skills.
<b>All students</b>	Apply passing shooting and running skills with increased speed fluency and efficiency.	Apply batting, fielding and bowling techniques with increased accuracy and speed.	Apply strokes with increased speed, precision and fluency	Can select exercises to improve one component of fitness.	Can achieve above average in at least one event (against normative data)	Can perform a routine of 10 skills to include at least one complex skill.
<b>More able students</b>						
<b>Opportunity Love, Hope, Trust</b>	World cup heroes. Celebration of role models and successful teams.	World cup 20/20 and 50 over winners.	Appreciation Wimbledon winners.	Human achievement Guinness book of world records	Olympic success. Focus on celebrated Olympians	Olympic success. Focus on celebrated Gymnasts
<b>Enrichment/ Cultural enrichment (1 per term)</b>	Participation in the extended curriculum. Autumn, Winter and Summer provision. Representing House team, Participation in external school sports competition. Affiliation and membership with community sports clubs. Selection and performance for district and regional teams. Attendance at school and community trips and residential breaks for Outdoor Education.					

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