



MENU - WEEK ONE

MONDAY MAIN MEALS:	No Chicken Tikka Wrap with New Potatoes & Green Beans (v) Sweet Potato & Chickpea Slice with New Potatoes & Green Beans (v)	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Stretch Loaded Pizza
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TUESDAY MAIN MEALS:	Chipotle Chicken, Corn Salsa with Rice & Broccoli Korean Style Noodles with Rice & Asian Coleslaw (V)	JACKET POTATO & PASTA BAR:	Pasta with Lentil and Tomato Soup
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Loaded Dog Meatball Sub
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WEDNESDAY MAIN MEALS:	Kansas BBQ Chicken with Roasted Sweetcorn Quorn Roast of the Day with Crispy Roast Potatoes, Carrots, Cabbage & Gravy (v)	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Bountiful Bowl— Cheeseburger Salad
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THURSDAY MAIN MEALS:	Pasta Bolognese with Mixed Salad Vegetable Lasagne with Garlic Bread & Mixed Beetroot Salad (V)	JACKET POTATO & PASTA BAR:	Pasta with Lentil and Tomato Soup
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Spicy Fajita Tostadas
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FRIDAY MAIN MEALS:	Oven Baked Battered Pollock with Chips, Peas & Carrots Oven Baked Fish Fingers with Chips, Peas & Carrots	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Korean Crispy Wrap

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

ALLERGY INFORMATION AVAILABLE ON REQUEST.



MENU - WEEK TWO

MONDAY MAIN MEALS:	Roasted Veg Pasta Bake with Mixed Salad (v) Sweet Potato & Cauliflower Jalfrezi with Rice & Sag Aloo (v)	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Red Pepper & Bean Biryani (v)
TUESDAY MAIN MEALS:	Chicken or Pork Sausages with Creamy Mashed Potatoes, Kale & Red Onion with Gravy Quorn Sausage served with Creamy Mashed Potatoes, Kale & Red Onion with Gravy (v)	JACKET POTATO & PASTA BAR:	Pasta with Lentil and Tomato Soup
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	No Chicken Pitta Pocket (v)
WEDNESDAY MAIN MEALS:	Classic Roast of the Day with Roast Potatoes, Broccoli, Parsnips & Gravy Chickpea Burger with Mixed Salad (v)	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Roast Chicken Baguette
THURSDAY MAIN MEALS:	Southern Baked Chicken with Braised Rice and Roasted Sweetcorn Spring Veg Filo Pie with New Potatoes, Roasted Beets & Gravy (v)	JACKET POTATO & PASTA BAR:	Pasta with Lentil and Tomato Soup
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Chipotle Quorn & Corn Fajita Wrap (v)
FRIDAY MAIN MEALS:	Oven Baked Battered Pollock with Chips & Peas/Carrots Oven Baked Fish Fingers, Chips & Peas/Carrots	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	K Dog

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MENU - WEEK THREE

MONDAY	Paste Primavera with Broccoli & Peas	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
MAIN MEALS:	Sweet Potato Chana Masala with Rice & Indian Chopped Salad (v)		
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Sweet Potato Vada Pav (v)
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TUESDAY	Chicken Tikka Masala with Rice, Kale & Salad	JACKET POTATO & PASTA BAR:	Pasta with Lentil Tomato Sauce
MAIN MEALS:	BBQ Baked Beans and Cheese Pastry Pocket with New Potatoes (v)		
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Halloumi Burger
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WEDNESDAY	Chicken Shawarma with Sweet Potato Wedges & Salad	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
MAIN MEALS:	Roasted Quorn Fillet with Roasted Potatoes, Cabbage & Red Cabbage (v)		
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Roast Chicken Baguette
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THURSDAY	Sausage Roll with Baby Parsley Potatoes, Peas, Corn & Broccoli	JACKET POTATO & PASTA BAR:	Pasta with Lentil Tomato Sauce
MAIN MEALS:	Vegetable Cottage Pie with Baby Potatoes, Peas, Corn & Broccoli (v)		
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Chipotle Quorn & Corn Fajita Wrap (v)
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FRIDAY	Oven Baked Battered Pollock with Chips & Garden Peas	JACKET POTATO & PASTA BAR:	Jacket Potatoes with Beans, Cheese, Tuna Mayo or Coleslaw
MAIN MEALS:	Fish Fingers with Chips and Garden Peas		
VEG/SIDES:	Hot Seasonal Vegetables	GRAB & GO:	Southern Fried Slaw Bowl

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

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